

MAIN MENU

Food Hours MON - THU 12 - 2.30pm | 5.30 - 9pm | FRI 12 - 3pm | 5 - 9pm | SAT 12 - 9pm | SUN 12 - 7pm .....

## **SNACKS & NIBBLES**

<b>Bread &amp; Dipping Oils</b> (VE) (GFA) Warm breads with lemon infused olive oil and balsamic vinegar	£6
<b>Olives</b> (VE) (GF) Stone in Amfissa, Nocellara and Kalamata olives	£4.50
Garlic Ciabatta (V) Add Cheese • £1	£4.50
Fried Halloumi (V)	£4.50
STARTERS	
<b>Homemade Soup of the Day</b> (VE) (GFA) Please ask for today's homemade soups, including a vegan option. Served with warm ciabatta and butter	£7
Southern Fried Chicken Strips	£7.50
With a caramelised honey and soy sauce coating	
<b>Avocado &amp; Poached Egg Croute</b> (V) (DF) (GFA) Smashed avocado and a poached egg on an olive oil toasted croute, drizzled with a chilli honey dressing	£7.50
Add Crispy Bacon • £2	
<b>Tempura King Prawns</b> Fried tempura battered prawns served with a sweet chilli dipping sauce	£8.50
Roasted Garlic Mushroom & Tomato Bruschetta (VE) (GFA)	£8
Garlic mushrooms and cherry tomatoes on a toasted bruschetta, drizzled with a balsamic glaze	
(V) = Vegetarian (VE) = Vegan (GF) = Gluten Free (GFA) = Gluten Free Available (DF) = Dairy Free	

## SIDES

Fries	£5
Add Cheese • £1	
<b>Cajun Spiced Potato Wedges</b>	£6
Dressed Side Salad	£4.50

## NACHOS & LOADED FRIES

<b>Sharing Nachos</b> (V) (GF) Tortilla chips topped with jalapenos, melted cheddar chee with tangy tomato salsa, sour cream and guacamole	<b>£8</b> se,
Add Crispy Bacon Pieces • £2 Add Beef Chilli • *	<i>Ç</i> 2
<b>Cheese &amp; Bacon Fries</b> (GF) Topped with melted mature cheddar and crispy bacon pied	<b>£8.50</b>
<b>Beef Chilli Loaded Fries</b> (GF) Topped with homemade spicy beef chilli, melted cheese and	<b>£8.50</b> l sour cream
Mexican Fries $\langle V \rangle \langle GF \rangle$	£8
Topped with melted mature cheddar cheese, jalapenos, spicy tomato salsa, sour cream and guacamole	
spicy tomato salsa, sour cream and guacamole <b>SALADS</b> <i>All our salad bases consist of lettuce, spinach and rocket, cucumber, tor</i>	nato,
spicy tomato salsa, sour cream and guacamole	nato, £14.50
spicy tomato salsa, sour cream and guacamole <b>SALADS</b> All our salad bases consist of lettuce, spinach and rocket, cucumber, tor red onion and topped with homemade crispy herby croutons <b>Chicken &amp; Bacon Caesar</b> Grilled chicken breast and crispy bacon pieces with	£14.50 £14

Ø

f

The Rose and Crown | 14 Church Street | Welwyn | Hertfordshire | AL6 9LX

.....

\_\_\_\_\_

We take the issue of food allergies and intolerances seriously. If you have any concerns about the presence of allergens in any of our menu items, please ask a team member who will be happy to help you. All fish dishes may contain bones. All weights are approximate uncooked. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment. We cannot guarantee that our products do not contain traces of nuts and/or seeds. V Suitable for vegetarians.

# BURGERS

All our burgers come in a pretzel bun, with lettuce, beef tomato, gherkin, and burger sauce. Served with fries. Upgrade to Cajun spiced wedges.

(Gluten free/vegan buns available)

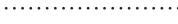
Classic Beef Burger	£15	
<b>Grilled Chicken Breast Burger</b>	£14	
Choose your flavour:		

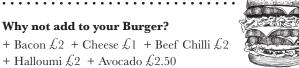
Cajun Spice, BBQ, Garlic & Herb or Chilli Honey Coating

### **THIS<sup>™</sup> isn't a Beef Burger** (VE)

Plant based vegan burger but juicy and succulent like a beef burger

### Add Vegan Cheese •£1





+ Bacon  $\pounds 2$  + Cheese  $\pounds 1$  + Beef Chilli  $\pounds 2$ 

+ Halloumi £2 + Avocado £2.50 . . . . . . . . . . . . .

# ROASTS

### Subject to availability

## (Served 12 - 7pm Sundays)

All our roasts are served with crispy roast potatoes, honey roast parsnips and carrots, broccoli cheese, braised red cabbage, green beans, a homemade Yorkshire pudding, and rich gravy

## **Topside of Beef**

(Slow braised)	£18.50
Honey Roast Gammon	£17.50
Half Roast Chicken	£17
Duo of Beef & Gammon	£19.50
<b>Vegetable Wellington</b> (Please ask for today's flavour)	£16.50

## SANDWICHES

Served with fries.	
(Gluten free bread available)	
Classic Chicken Club	£9
Grilled chicken breast, crispy bacon, lettuce, tomato, mayo on layered lightly toasted white bread	
Brie, Bacon & Cranberry	£9
Smoked back bacon with melted creamy French brie and cranberry jam in a ciabatta	
Fish Finger & Tartare Sauce	£9
Cod goujons and tartare sauce and crisp lettuce in a ciabatta	
<b>Grilled Halloumi &amp; Roasted Pepper</b> (V) Grilled halloumi cheese and roasted mixed peppers in a ciabatta	£9
Welsh Rarebit	£9
Honey roast gammon topped with traditional cheddar rarebit on toasted ciabatta	

# MAINS

### **Stuffed Chicken Ballotine**

Chicken breast stuffed with sage and onion stuffing, wrapped in bacon. Served with smashed fried new potatoes, broccoli, and a garlic and herb butter sauce

### £15 Classic Fish & Chips (DF)

A Doombar beer battered hake served with chips, traditional mushy peas and tartare sauce

### £17 Homemade Pie of the Day

Please ask for today's flavour

Choose from fries or mash, served with gravy and seasonal vegetables

#### Butternut Squash & Courgette Gnocchi (V) £14

Roasted butternut squash and courgette, red onion and spinach with lightly fried crisp gnocchi, drizzled with green pesto, and topped with cheese

### **Pork Schnitzel**

Panko breaded pork fillet served with fries and mixed salad. Choose from either peppercorn or katsu sauce

## **Pan Fried Salmon Tagliatelle**

£15.50

£16

£16

Fresh egg tagliatelle pasta, with salmon fillet and a Dijon and dill cream sauce, garnished with rocket. Served with garlic ciabatta

# Chickpea, Sweet Potato & Spinach Curry

(VE) (GFA)

Chickpeas, sweet potato onion and spinach in a coconut sauce with spices and garlic, finished with fenugreek and curry leaves. Served with rice, a mini garlic butter naan, and mango chutney

Add Grilled Chicken Breast • £3

## DESSERTS

### Mixed Berry Eton Mess (GF)

A mix of strawberries, blackberries, raspberries and currants, with whipped cream and meringue pieces

Double Chocolate Brownie (GF)						£7
* * *		1 1			1 .	

Warm rich chocolate brownie with dark chocolate pieces served with your choice of vanilla bean ice cream, or pouring cream

## Rhubarb & Ginger Torte (VE) (GF)

Ginger crumb base with a rhubarb and chocolate filling, sprinkled with chocolate flakes and a dusting of raspberry powder. Served with vegan vanilla ice cream

### Double Chocolate Brownie Sundae (GF) £9

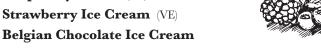
Layers of vanilla ice cream, with chocolate sauce and chocolate brownie pieces, topped with whipped cream and chocolate buttons

## **Biscoff Caramel Sundae**

Layers of vanilla ice cream with caramel sauce, Biscoff crumb, topped with whipped cream and a Biscoff biscuit

## 3 scoops of your choice:

Mango Sorbet (VE) **Raspberry Sorbet** (VE)





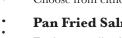
£14

- £7

£8

£9

£5







Strawberry Ice Cream (VE)

Vanilla Bean Ice Cream (Vegan option available)

£14