

THE WOODMAN'S ARMS – ISLE OF WIGHT MENU

<u>EXTRAS</u>	
CHEDDAR - £2	APPLEWOOD CHEESE £2
CRISPY BACON - £2	STILTON SAUCE - £3.50
CHILLI CON CARNE - £4.50	MADEIRA SAUCE - £3.50
	PEPPERCORN SAUCE - £3.50
SALAD ADDITIVES (50P) OR ALL FOR £2 (LETTUCE, RED ONION, CUCUMBER, CARROT OR TOMATO)	
<i>WITH THE (EXTRAS) UNDERNEATH AN OPTION MEANS YOU CAN RELATE BACK TO THIS TABLE TO ADD ANY OF THESE OPTIONS TO THE DISH (ALSO INCLUDES BURGERS)</i>	

<u>SIDES</u>	
CHIPS £4	FRIES £4
CHEESY CHIPS £6	CHEESY FRIES £6
BEANS / PEAS £2	NEW POTS / MASH £4
VEG OF THE DAY £4.50	COLESLAW £4
GARLIC BREAD £4	CHEESE G/BREAD £6
ONION RINGS x10 £4	CIABATTA ROLL £4
CHICKEN BREAST £6	MUSHROOMS £3
8OZ RUMP STEAK £10	SIDE SALAD £4.50

(V – VEGETARIAN / VE – VEGAN / GF – GLUTEN FREE (CELIAC) – PLEASE LET A STAFF MEMBER KNOW WHEN ORDERING DISHES WITH THESE INITIALS NEXT TO THEM – WE CAN OFFER A VARIATION OF THE DISH TO MAKE IT FIT TOO YOUR REQUIREMENT, PLEASE LET STAFF KNOW ABOUT OTHER ALLERGENS. **PLEASE NOTE**, AT BUSY TIMES WE THERE MAY INCUR A WAIT ON FOOD. WE WILL NOT ACCEPT ANY RUDE BEHAVIOUR TOWARDS OUR STAFF – PLEASE BE KIND –

CIABATTA'S

(ONLY AVAILABLE LUNCH TIME-PERIOD - MONDAY – SATURDAY 12:00PM TILL 2:30PM AND SUNDAY 12:00PM TILL 17:00PM (OFF PEAK) / 18:00PM (ON PEAK)

MATURE CHEDDAR & PICKLE (V) - PRAWN MARY ROSE AND BABY GEM - CHICKEN GOUJON, MAYO AND BABY GEM
£11 £13 £13

BACON, BRIE & CRANBERRY MELT - COD GOUJONS AND TARTARE SAUCE - HALLOUMI, TOMATO RELISH & ROCKET (V)
£12 £13 £11

ALL CIABATTAS ARE SERVED WITH FRIES AND HOMEMADE COLESLAW – (EXTRAS) AVAILABLE
(GLUTEN FREE ROLLS AVAILABLE)

STARTERS

HOMEMADE SOUP OF THE DAY (V, GF)
SERVED WITH HALF A CIABATTA ROLL AND BUTTER.
£8.00

NACHOS (V, GF)
NACHOS TOPPED WITH SALSA, SOUR CREAM, AND CHEESE.
£8 (SHARE OPTION £12 – ADD BACON FOR £2 – ADD CHILLI FOR £4.50)

HALLOUMI FRIES (V)
HALLOUMI, CUT INTO CHIP SIZE PIECES AND FRIED UNTIL CRISPY, SERVED WITH A TOMATO RELISH DIPPING SAUCE AND ROCKET GARNISH.
£9

POPK BELLY BITES
PORK BELLY SHALLOW-FRIED AND MIXED IN A CAJUN AND BBQ SAUCE SERVED WITH COLESLAW AND ONION RINGS.
£10

COD GOUJONS
3 GIANT COD GOUJONS SERVED WITH A ROCKET AND CUCUMBER GARNISH, HOMEMADE TARTARE SAUCE AND LEMON WEDGE.
£11

PUB CLASSICS

MAINS

PUB SPECIALS

Macaroni Cheese (V) (ADD Bacon FOR £2)

MACARONI COOKED IN A CHEDDAR & APPLEWOOD BECHAMEL CHEESE SAUCE SERVED WITH GARLIC CIABATTA, SIDE SALAD AND OUR HOMEMADE DRESSING.

MAIN £16 / DELI £12

CHILLI CON CARNE (V, VE, GF)

BEEF MINCE COOKED IN A LIGHTLY SPICED RICH TOMATO SAUCE FINISHED WITH KIDNEY BEANS SERVED WITH BOILED RICE, TORTILLA CHIPS AND SOUR CREAM (ADD CHEESE FOR £1)

MAIN £16 / DELI £12

THE WOODMAN'S HOMEMADE COTTAGE PIE (V, VE, GF)

TRADITIONAL BEEF MINCE, TOPPED WITH MASHED POTATOES, SERVED WITH SEASONAL VEGETABLES OF THE DAY AND HOMEMADE GRAVY.

MAIN £16 / DELI £12 (ADD CHEESE FOR £1)

Lasagna

HOMEMADE BEEF MINCE LASAGNA LAYERED WITH PASTA SHEETS AND CHEESY BECHAMEL SAUCE SERVED WITH SIDE SALAD AND A CHOICE OF CHIPS OR GARLIC CIABATTA.

MAIN £16 / DELI £12

10 PIECE SCAMPI

10 PIECES OF WHOLETAIL SCAMPI SERVED WITH CHIPS, PEAS, SIDE SALAD, HOMEMADE TARTARE SAUCE AND FRESH LEMON WEDGE.

MAIN £17 / DELI £13

(DELI OPTIONS ONLY AVAILABLE MON-SAT
12:00 - 2:30PM)

(V, VE, GF) LAMB & WINTER VEGETABLE HOT POT

LAMB SLOW COOKED IN RED WINE, WITH CARROT, ONIONS, POTATO AND SWEDE TOPPED WITH FRIED NEW POTATOES SERVED WITH BRAISED RED CABBAGE, GREEN BEANS, PEAS AND ROASTED CARROT.

£18 OF LAMB / £16 FOR VEGAN (ADD CHEESE FOR £1)

(V) TOAD IN THE HOLE WITH BUBBLE & SQUEAK

3 X ISLE OF WIGHT ROMANY HERB SAUSAGES SERVED IN A GIANT YORKSHIRE PUDDING, WITH BUBBLE AND SQUEAK, BRAISED RED CABBAGE AND PEAS FINISHED WITH A HOMEMADE ONION GRAVY.

£18 ROMANY HERB SAUSAGES / £16 3X QUORN SAUSAGES

(GF) BELLY OF PORK

SLOW ROASTED BELLY OF PORK SERVED WITH COLCANNON MASHED POTATO, ROASTED MEDLEY OF VEGETABLES, APPLE & SAGE PUREE AND A CREAMY MADEIRA SAUCE.

£19

(GF) SALMON SUPREME

SALMON SUPREME FILLET SERVED ON TOP OF PEA PUREE, CUBED FRIED POTATO AND MIXED VEGETABLES WITH SAUTEED GREEN BEANS AND A DILL AND LEMON CREAM SAUCE.

£22

(GF) 8oz RUMP STEAK

8OZ RUMP STEAK COOKED TO YOUR LIKING SERVED ON TOP OF A GARDEN PEA PUREE, CRISPY CRUSHED PARMESAN NEW POTATOES, GARLIC BUTTERED FIELD MUSHROOM TOPPED WITH VINE ON CHERRY TOMATOES AND ONION RINGS (GF IS WITHOUT ONIONS RINGS)

£22 FOR RUMP STEAK / £18 FOR CHICKEN BREAST

BURGERS

THE WOODMAN'S BURGER (GF)

6OZ HOMEMADE BEEF PATTY TOPPED WITH FRIED ONIONS, SMOKED BACON, AND APPLEWOOD CHEESE ON A BURGER BUN WITH RELISH AND LETTUCE, SERVED WITH CHIPS AND COLESLAW.

£16

(DOUBLE UP THE BURGER, BACON, AND CHEESE FOR £6)

THE WOODMAN'S FRESH CHICKEN & BACON SUB (GF)

CHICKEN BREAST PLAIN OR CAJUN TOPPED WITH SMOKED BACON AND APPLEWOOD CHEESE SERVED IN A LONG CIABATTA WITH SALSA MAYONNAISE AND BABY GEM, SERVED WITH CHIPS AND COLESLAW.

(ADD HASH BROWN FOR £1.50)

£16

THE MOVING MOUNTAIN BURGER (V, VE, GF)

THE MOVING MOUNTAIN COMPANY PLANT-BASED BURGER SERVED WITH A BURGER RELISH, BABY GEM, SLICED TOMATO IN A VEGAN BURGER BUN, SERVED WITH CHIPS AND SIDE SALAD.

£15

SALADS

KING PRAWN MARY ROSE

(SERVED WITH HOUSE DRESSING)

MAIN £16 - DELI £11

CHICKEN & SMOKED BACON

(SERVED WITH CAESAR DRESSING)

MAIN £16 / DELI £11

STILTON, WALNUT AND APPLE (V)

(SERVED WITH HOUSE DRESSING)

MAIN £16 / DELI £11

(DELI VERSIONS OF SALADS ARE ONLY AVAILABLE MON - SAT 12:00PM - 2:30PM)

ALL SALADS ARE WITH MIXED BABY LEAF, GRATED CARROT, CUCUMBER, CHERRY TOMATOES, AND RED ONION WITH HOMEMADE GARLIC & HERB CROUTONS - (GLUTEN FREE ROLL AVAILABLE INSTEAD OF CROUTONS = £1 SURCHARGE).