

# The Owl Sunday Menu

## Starters

<b>Mixed Olives (VE)</b>	<b>£3.95</b>
<b>Rosemary &amp; Sea Salt Focaccia (VE)</b>	<b>£5.95</b>
<b>Salt &amp; Pepper Chilli Squid</b> Served sweet chilli dipping sauce	<b>£7.95</b>
<b>Mushroom Crostini (VE)</b> Served on sourdough toast with hints of chilli	<b>£7.95</b>
<b>Soup Of The Day (V)</b> Served with toasted bloomer bread	<b>£6.50</b>
<b>Buttermilk Chicken Wings</b> Tossed in either Hot Honey & Sesame or BBQ Glaze	<b>£7.95</b>

## Main Dish

<b>Buttermilk Chicken Burger</b> Buttermilk coated chicken breast served in a toasted bun with salad, BBQ sauce, mayo & crispy onions accompanied by fries & coleslaw	<b>£15.95</b>
<b>The Owl Smash Burger</b> Two pattys with cheese & bacon served in a toasted bun with salad & relish, accompanied by fries & coleslaw	<b>£15.95</b>
<b>Beyond Meat Burger (VE)</b> Vegan patty served in a toasted bun with salad & relish, accompanied by fries	<b>£15.95</b>
<b>Beer Battered Fish &amp; Chips (GF Available)</b> Served with chunky chips, mushy peas & tartar sauce	<b>£16.95</b>
<b>Chicken Caesar Salad</b> Baby gem lettuce, homemade crouton, chicken breast & Parmesan tossed in a Caesar dressing	<b>£14.95</b>

## Sides

<b>Chunky Or Skinny Fries (VE) (GF)</b>	<b>£3.95</b>
<b>House Salad (VE) (GF)</b>	<b>£3.95</b>
<b>Onion Rings (V)</b>	<b>£3.95</b>
<b>Mac n Cheese (V)</b>	<b>£5.95</b>

## Sunday Roasts

All roasts are served with Roast Potatoes, Seasonal Veg, Yorkshire Pudding & Signature Gravy. Can be adapted to suit Gluten Free

<b>Slow Roasted Beef</b>	<b>£17.95</b>
<b>Slow Roasted Lamb</b>	<b>£18.95</b>
<b>Lemon &amp; Thyme 1/2 Roast Chicken</b>	<b>£16.95</b>
<b>Vegan Nut Roast (VE)</b>	<b>£15.95</b>
<b>Children's Roast</b>	<b>£8.95</b>
<b>Cauliflower Cheese</b>	<b>£4.50</b>
<b>Extra Yorkshire Pudding</b>	<b>£1.50</b>
<b>Side Of Roast Potatoes</b>	<b>£3.95</b>
<b>The Royal Roast</b> Fit for a King or Queen. Both Lamb & Beef served with two Yorkshire Puddings, Extra Roast Potatoes & Extra Seasonal Veg	<b>£22.95</b>

## 12" Sourdough Pizzas

<b>Rustic Classic (V)</b> Tangy tomato sauce topped with mozzarella & herbs	<b>£11.95</b>
<b>Pepperoni</b> Topped with pepperoni slices	<b>£13.95</b>
<b>Meat Feast</b> Chicken, salami, bacon, pepperoni & mushrooms	<b>£15.95</b>
<b>Garden (V)</b> Mixed peppers, onions & mushrooms	<b>£13.95</b>

## Kids Menu

<b>Chicken Poppers</b> Served with fries & peas	<b>£7.50</b>
<b>Beyond Meat Nuggets (VE)</b> Served with fries & peas	<b>£7.50</b>
<b>Mini Fish &amp; Chips (GF Available)</b> Served with fries & peas	<b>£7.50</b>
<b>Beef Burger</b> Served in a toasted bun with lettuce & tomato, accompanied by fries	<b>£7.50</b>

If you suffer from any allergies or intolerances please speak to a team member, dishes may not contain specific allergens. However our food is prepared in areas where cross contamination may occur

(V) Vegetarian (VE) Vegan (GF) Gluten Free

Follow us on socials! Service not included



@The\_owl\_pub\_loughton

