

THE WOODMAN'S ARMS – ISLE OF WIGHT MENU

<u>EXTRAS</u>	
CHEDDAR	- £2
APPLEWOOD CHEESE	£2
CRISPY BACON	- £2
STILTON SAUCE	- £3.50
PEPPERCORN SAUCE	- £3.50
SALAD ADDITIVES (50P) OR ALL FOR £2 (LETTUCE, RED ONION, CUCUMBER, CARROT OR TOMATO)	
<i>WITH THE (EXTRAS) UNDERNEATH AN OPTION MEANS YOU CAN RELATE BACK TO THIS TABLE TO ADD ANY OF THESE OPTIONS TO THE DISH (ALSO INCLUDES BURGERS)</i>	

<u>SIDES</u>	
CHIPS	£4
CHEESY CHIPS	£6
BEANS / PEAS	£2
VEG OF THE DAY	£4.50
GARLIC BREAD	£4
ONION RINGS x10	£4
CHICKEN BREAST	£6
8OZ RUMP STEAK	£10
FRIES	£4
CHEESY FRIES	£6
NEW POTS / MASH	£4
COLESLAW	£4
CHEESE G/BREAD	£6
CIABATTA ROLL	£4
MUSHROOMS	£3
SIDE SALAD	£4.50

(V – VEGETARIAN / VE – VEGAN / GF – GLUTEN FREE (CELIAC) – PLEASE LET A STAFF MEMBER KNOW WHEN ORDERING DISHES WITH THESE INITIALS NEXT TO THEM – WE CAN OFFER A VARIATION OF THE DISH TO MAKE IT FIT TOO YOUR REQUIREMENT, PLEASE LET STAFF KNOW ABOUT OTHER ALLERGENS. **PLEASE NOTE**, AT BUSY TIMES WE THERE MAY INCUR A WAIT ON FOOD. WE WILL NOT ACCEPT ANY RUDE BEHAVIOUR TOWARDS OUR STAFF – PLEASE BE KIND –

CIABATTA'S

(ONLY AVAILABLE LUNCH TIME-PERIOD - MONDAY – SATURDAY 12:00PM TILL 2:30PM AND SUNDAY 12:00PM TILL 17:00PM (OFF PEAK) / 18:00PM (ON PEAK)

MATURE CHEDDAR & PICKLE (V) £11	-	HAM & MUSTARD £11	-	TUNA MAYONNAISE £12
BACON, BRIE & CRANBERRY MELT £13	-	COD GOUJONS AND TARTARE SAUCE £13	-	EGG MAYONNAISE AND ROCKET (V) £11

ALL CIABATTAS ARE SERVED WITH FRIES AND HOMEMADE COLESLAW – (EXTRAS) AVAILABLE
(GLUTEN FREE ROLLS AVAILABLE)

STARTERS

HOMEMADE SOUP OF THE DAY (V, GF)
SERVED WITH HALF A CIABATTA ROLL AND BUTTER.
£8

NACHOS (V, GF)
NACHOS TOPPED WITH SALSA, SOUR CREAM, AND CHEESE.
£8 (SHARE OPTION £12 – ADD BACON FOR £2)

HALLOUMI FRIES (V)
HALLOUMI CUT INTO CHIP SIZE PIECES AND FRIED UNTIL CRISPY, SERVED WITH A SWEET CHILLI DIPPING SAUCE AND ROCKET GARNISH.
£9

POPK BELLY BITES
POPK BELLY SHALLOW-FRIED AND MIXED IN A CAJUN AND BBQ SAUCE SERVED WITH COLESLAW, ONION RINGS AND A ROCKET GARNISH.
£10

COD GOUJONS
COD GOUJONS SERVED WITH A ROCKET AND CUCUMBER GARNISH, HOMEMADE TARTARE SAUCE AND LEMON WEDGE.
£11

PUB CLASSICS

MAINS

PUB SPECIALS

Macaroni Cheese (V) (ADD Bacon For £2)

Macaroni cooked in a cheddar & applewood bechamel cheese sauce served with garlic ciabatta, side salad and our homemade dressing.

MAIN £16 / DELI £11

HAM OR SAUSAGE, egg AND CHIPS (V) (GF - HAM ONLY)

A choice of honey roasted thick cut ham or Isle of Wight Romany herb sausages served with chunky chips, eggs and a choice of beans or peas.

MAIN £17 / DELI £12 (

THE WOODMAN'S HOMEMADE COTTAGE PIE (V, VE, GF)

Traditional beef mince, topped with mashed potatoes, served with seasonal vegetables of the day and homemade gravy.

MAIN £17 / DELI £12 (ADD CHEESE FOR £1)

Lasagna

Homemade beef mince lasagna layered with pasta sheets and cheesy bechamel sauce served with side salad and a choice of chips or garlic ciabatta.

MAIN £18 / DELI £13

10 PIECE SCAMPI

10 pieces of whole tail scampi served with chips, peas, side salad, homemade tartare sauce and fresh lemon wedge.

MAIN £18 / DELI £13

(DELI OPTIONS ONLY AVAILABLE MON-SAT
12:00 - 2:30PM)

(V) MARRY ME PENNE PASTA

A choice of seasoned chicken or king prawns cooked in a sundried tomato, parmesan, and cream sauce bound with penne pasta served with garlic bread and garnish.

£18

(GF) LAMB AND APRICOT TAGINE

Lamb slow cooked in Moroccan spices with apricots topped with toasted almonds and served with roasted vegetable cous-cous or boiled rice and naan.

£19

(GF) BELLY OF PORK

Slow roasted belly of pork served with colcannon mashed potato, tender stem broccoli, roasted apple puree with a cider sauce, finished with roast carrot.

£20

(GF) PAN-FRIED TUNA STEAK.

Pan-fried tuna steak served with butternut puree, Lyonnaise potatoes, green beans finished with a king prawn & caper butter.

£22

(GF) PEPPERED STEAK WITH FRITS.

Seasoned rump steak cooked to your like served on top of tender stem broccoli and a grilled garlic field mushroom topped with peppercorn sauce, onion rings, with a side of fries.

£25 FOR STEAK / £19 FOR CHICKEN

BURGERS

THE WOODMAN'S BURGER (GF)

60Z homemade beef patty topped with fried onions, smoked bacon, and applewood cheese on a burger bun with relish and lettuce, served with chips and coleslaw.

£17

(DOUBLE UP THE BURGER, BACON, AND CHEESE FOR £6)

THE WOODMAN'S CHICKEN BURGER (GF)

Chicken breast plain or cajun topped with smoked bacon and applewood smoked cheese served in a burger bun with salsa mayonnaise and baby gem, served with chips and coleslaw.

(ADD HASH BROWN FOR £1.50)

£17

THE MOVING MOUNTAIN BURGER (V, VE.)

The Moving Mountain Company plant-based burger served with a burger relish, baby gem, sliced tomato in a vegan burger bun, served with chips and side salad.

£16

SALADS

King Prawn Mary Rose

(Served with house dressing)

MAIN £16 - DELI £11

Chicken & Smoked Bacon

(Served with Caesar dressing)

MAIN £16 / DELI £11

SUNDRIED TOMATO & HALLOUMI(V)

(Served with house dressing)

MAIN £16 / DELI £11

(DELI VERSIONS OF SALADS ARE ONLY AVAILABLE MON - SAT 12:00PM - 2:30PM)

ALL SALADS ARE WITH MIXED BABY LEAF, GRATED CARROT, CUCUMBER, CHERRY TOMATOES, AND RED ONION WITH HOMEMADE GARLIC & HERB CROUTONS - (GLUTEN FREE ROLL AVAILABLE INSTEAD OF CROUTONS = £1 SURCHARGE).