

THE WOODMAN'S ARMS – ISLE OF WIGHT MENU

| EXTRAS | |
|---|--------------------------|
| CHEDDAR - £2 | APPLEWOOD CHEESE £2 |
| CRISPY BACON - £2 | STILTON SAUCE - £3.50 |
| CHILLI CON CARNE - £4.50 | MADEIRA SAUCE - £3.50 |
| | PEPPERCORN SAUCE - £3.50 |
| SALAD ADDITIVES (50P) OR ALL FOR £2 (LETTUCE, RED ONION, CUCUMBER, CARROT OR TOMATO) | |
| <i>WITH THE (EXTRAS) UNDERNEATH AN OPTION MEANS YOU CAN RELATE BACK TO THIS TABLE TO ADD ANY OF THESE OPTIONS TO THE DISH (ALSO INCLUDES BURGERS)</i> | |

| SIDES | |
|----------------------|--------------------|
| CHIPS £4 | FRIES £4 |
| CHEESY CHIPS £6 | CHEESY FRIES £6 |
| BEANS / PEAS £2 | NEW POTS / MASH £4 |
| VEG OF THE DAY £4.50 | COLESLAW £4 |
| GARLIC BREAD £4 | CHEESE G/BREAD £6 |
| ONION RINGS x10 £4 | CIABATTA ROLL £4 |
| CHICKEN BREAST £6 | MUSHROOMS £3 |
| 8OZ RUMP STEAK £10 | SIDE SALAD £4.50 |

(V – VEGETARIAN / VE – VEGAN / GF – GLUTEN FREE (CELIAC) – PLEASE LET A STAFF MEMBER KNOW WHEN ORDERING DISHES WITH THESE INITIALS NEXT TO THEM – WE CAN OFFER A VARIATION OF THE DISH TO MAKE IT FIT TOO YOUR REQUIREMENT, PLEASE LET STAFF KNOW ABOUT OTHER ALLERGENS. **PLEASE NOTE**, AT BUSY TIMES WE THERE MAY INCUR A WAIT ON FOOD. WE WILL NOT ACCEPT ANY RUDE BEHAVIOUR TOWARDS OUR STAFF – PLEASE BE KIND –

CIABATTA'S

(ONLY AVAILABLE LUNCH TIME-PERIOD - MONDAY – SATURDAY 12:00PM TILL 2:30PM AND SUNDAY 12:00PM TILL 17:00PM (OFF PEAK) / 18:00PM (ON PEAK)

| | | |
|-------------------------------------|--|---|
| MATURE CHEDDAR & PICKLE (V) £12 | - PRAWN MARY ROSE AND BABY GEM £14 | - CHICKEN GOUJON, MAYO AND BABY GEM £13 |
| BACON, BRIE & CRANBERRY MELT £13 | - COD GOUJONS AND TARTARE SAUCE £13 | - HALLOUMI, TOMATO RELISH & ROCKET (V) £13 |

ALL CIABATTAS ARE SERVED WITH FRIES AND HOMEMADE COLESLAW – (EXTRAS) AVAILABLE
(GLUTEN FREE ROLLS AVAILABLE)

STARTERS

HOMEMADE SOUP OF THE DAY (V, GF)
SERVED WITH HALF A CIABATTA ROLL AND BUTTER.
£8.50

NACHOS (V, GF)
NACHOS TOPPED WITH SALSA, SOUR CREAM, AND CHEESE.
£8 (SHARE OPTION £12 – ADD BACON FOR £2 – ADD CHILLI FOR £4.50)

HALLOUMI FRIES (V)
HALLOUMI CUT INTO CHIP SIZE PIECES AND FRIED UNTIL CRISPY, SERVED WITH A SWEET CHILLI DIPPING SAUCE AND ROCKET GARNISH.
£9

POPK BELLY BITES
PORK BELLY SHALLOW-FRIED AND MIXED IN A CAJUN AND BBQ SAUCE SERVED WITH COLESLAW AND ONION RINGS.
£11

COD GOUJONS
3 GIANT COD GOUJONS SERVED WITH A ROCKET AND CUCUMBER GARNISH, HOMEMADE TARTARE SAUCE AND LEMON WEDGE.
£12

PUB CLASSICS

MAINS

PUB SPECIALS

Macaroni Cheese (V) (ADD Bacon FOR £2)

MACARONI COOKED IN A CHEDDAR & APPLEWOOD BECHAMEL CHEESE SAUCE SERVED WITH GARLIC CIABATTA, SIDE SALAD AND OUR HOMEMADE DRESSING.

MAIN £17 / DELI £12

CHILLI CON CARNE (V, VE, GF)

BEEF MINCE COOKED FLAVORED WITH RED WINE, CUMIN CHILLI POWDER AND MIREPOIX VEG BASE SERVED WITH BOILED RICE, TORTILLA CHIPS AND SOUR CREAM

MAIN £17 / DELI £12

THE WOODMAN'S HOMEMADE COTTAGE PIE (V, VE, GF)

TRADITIONAL BEEF MINCE, TOPPED WITH MASHED POTATOES, SERVED WITH SEASONAL VEGETABLES OF THE DAY AND HOMEMADE GRAVY.

MAIN £18 / DELI £13 (ADD CHEESE FOR £1)

Lasagna

HOMEMADE BEEF MINCE LASAGNA LAYERED WITH PASTA SHEETS AND CHEESY BECHAMEL SAUCE SERVED WITH SIDE SALAD AND A CHOICE OF CHIPS OR GARLIC CIABATTA.

MAIN £18 / DELI £13

10 PIECE SCAMPI

10 PIECES OF WHOLETAIL SCAMPI SERVED WITH CHIPS, PEAS, SIDE SALAD, HOMEMADE TARTARE SAUCE AND FRESH LEMON WEDGE.

MAIN £18 / DELI £13

(DELI OPTIONS ONLY AVAILABLE MON-SAT
12:00 - 2:30PM)

(V) **CUMBERLAND sausage ring**

CUMBERLAND SAUSAGE RING SERVED IN A GIANT YORKSHIRE PUDDING, WITH BUBBLE AND SQUEAK, BRAISED RED CABBAGE AND PEAS FINISHED WITH A HOMEMADE ONION GRAVY.

£19 MEAT CUMBERLAND / £17 3X QUORN SAUSAGES

(V, VE, GF) **LAMB & WINTER VEGETABLE STEW**

LAMB SLOW COOKED IN RED WINE, WITH CARROT, ONIONS, POTATO AND SWEDS SERVED WITH MINTED MASHED POTATO, BRAISED RED CABBAGE AND ROASTED CARROT.

£20 OF LAMB / £18 FOR VEGAN OPTION

(GF) **BELLY OF PORK**

SLOW ROASTED BELLY OF PORK SERVED WITH COLCANNON MASHED POTATO, ROASTED MEDLEY OF VEGETABLES, APPLE & SAGE PUREE AND A CREAMY MADEIRA SAUCE.

£20

(GF) **SALMON SUPREME.**

SALMON SUPREME FILLET SERVED WITH HOMEMADE LYONNAISE POTATOES, BRAISED FENNEL, SAUTEED GREEN BEANS AND A DILL AND LEMON CREAM SAUCE.

£23

(GF) **8oz RUMP STEAK**

8OZ RUMP STEAK COOKED TO YOUR LIKING SERVED ON TOP OF A GARDEN PEA PUREE, CRISPY CRUSHED PARMESAN NEW POTATOES, GARLIC BUTTERED FIELD MUSHROOM TOPPED WITH VINE ON CHERRY TOMATOES AND ONION RINGS (GF IS WITHOUT ONIONS RINGS)

£24 FOR RUMP STEAK / £20 FOR CHICKEN BREAST

BURGERS

THE WOODMAN'S BURGER (GF)

6OZ HOMEMADE BEEF PATTY TOPPED WITH FRIED ONIONS, SMOKED BACON, AND APPLEWOOD CHEESE ON A BURGER BUN WITH RELISH AND LETTUCE, SERVED WITH CHIPS AND COLESLAW.

£18

(DOUBLE UP THE BURGER, BACON, AND CHEESE FOR £6)

THE WOODMAN'S CHICKEN BURGER (GF)

CHICKEN BREAST PLAIN OR CAJUN TOPPED WITH SMOKED BACON AND APPLEWOOD CHEESE SERVED IN A BURGER BUN WITH SALSA MAYONNAISE AND BABY GEM, SERVED WITH CHIPS AND COLESLAW.

(ADD HASH BROWN FOR £1.50)

£18

THE MOVING MOUNTAIN BURGER (V, VE, GF)

THE MOVING MOUNTAIN COMPANY PLANT-BASED BURGER SERVED WITH A BURGER RELISH, BABY GEM, SLICED TOMATO IN A VEGAN BURGER BUN, SERVED WITH CHIPS AND SIDE SALAD.

£17

SALADS

King Prawn Mary rose

(SERVED WITH HOUSE DRESSING)

MAIN £17 - DELI £12

CHICKEN & SMOKED BACON

(SERVED WITH CAESAR DRESSING)

MAIN £17 / DELI £12

STILTON, WALNUT AND APPLE (V)

(SERVED WITH HOUSE DRESSING)

MAIN £17 / DELI £12

(DELI VERSIONS OF SALADS ARE ONLY AVAILABLE MON - SAT 12:00PM - 2:30PM)

ALL SALADS ARE WITH MIXED BABY LEAF, GRATED CARROT, CUCUMBER, CHERRY TOMATOES, AND RED ONION WITH HOMEMADE GARLIC & HERB CROUTONS - (GLUTEN FREE ROLL AVAILABLE INSTEAD OF CROUTONS = £1 SURCHARGE).