

The Owl

PUB . KITCHEN . GARDEN



Snacks

Rosemary & Sea Salt Focaccia (Vegan) | 5.95 Mixed Olives (Vegan) | 3.95 Pork & Caramelised Onion Sausage Roll | 5.95

Starters

Buttermilk Chicken Wings with Hot Honey or BBQ | 7.95 Sticky Sesame Cauliflower Wings with hot honey (V) or BBQ (Vegan) | 7.95 Bubble Bobble Red Shrimp Argentine Red Shrimp in Crisp, Puffed Rice Crumb | 8.95 Soup of the Day Rustic Bread | 6.50 Salt & Pepper Calamari Sweet Chilli Dip (GF) | 6.95 Rosemary & Garlic Brie Wedges (V) | 7.95 Whole Baked Camembert Tear & Share Apple Slices & Crusty Bread (V) | 13.95 Mushroom Scallops, Pea & Mint Puree & Ratatouille Tartar (Vegan)(GF) | 6.95

Mains

Beef Bourguignon

Beef slow cooked in a rich red wine jus with mushrooms & carrots served with mash & veg (GF) | 16.95

Pan Fried Seabass

With Med veg, sauteed new potatoes & chimichurri sauce (GF) | 16.95

Owl Smash Burger

2 4oz pattys smashed with cheese, American style bacon, lettuce, tomato, gherkin, relish, burger sauce, chips & coleslaw | 15.95

Chicken Smash Burger

2 chicken pattys smashed with American style cheese, lettuce, tomato, red onion, Ranch & hot honey | 15.95

Beyond Meat Burger

Lettuce, tomato, onion, gherkin & relish. Chunky chips (Vegan) | 14.95

Caesar Salad

Baby gem, croutons, parmesan & caesar dressing | 11.95
Add chicken | 3.00

Pie of the Day

Mash & seasonal vegetables, gravy | 16.95

Beer Battered Fish & Chips

Mushy Peas, tartare sauce (GF available) | 16.95

10oz Ribeye Steak

Chunky chips, tomato, mushroom & red wine jus or peppercorn sauce (GF) | 24.95

Beef Ragu

Slow cooked beef mince in a tomato and red wine sauce mixed with papardelle pasta & parmesan shavings | 13.50

Raj Mahal Curry

Medium spiced, Basmati rice (GF) (Vegan) | 15.95

Crayfish & King Prawn Salad

With marie rose sauce, cherry tomato & red onion (GF) | 14.95

All Day Breakfast

Sausage, bacon, fried eggs, hash brown, mushrooms, baked beans & sourdough toast | 14.50

Sausage & Mash

Cumberland sausage, creamy mash, bourbon onions & gravy (V available) | 14.95

Maple Glazed Lamb Rump

Dauphinois potato & seasonal veg & red wine jus (GF) | 18.95

6oz Bistro Rump

Chips, tomato, mushrooms, red wine jus or peppercorn sauce (GF) | 21.95

12" Sourdough Pizza

Rustic Classic

Tangy tomato sauce & creamy mozzarella | 11.95

Meat Feast

Chicken, salami, pepperoni, mushrooms, bacon | 15.95

Garden

Onions, mixed peppers, mozzarella & mushrooms (V) | 13.95

Pepperoni

| 13.95

Sides

House Salad (Vegan) | 3.95 Onion Rings (v) | 4.25 Chunky Chips or Skinny Fries (GF) | 4 Seasonal Veg | 3.95 Mac 'n' Cheese | 5.95

Check out our Specials Board

If you have an allergy please talk to a team member. Dishes may not contain specific allergens, however our food is prepared in areas where cross contamination may occur. (V) vegetarian (GF) gluten free.

Follow us on our social media platforms to stay up to date with our latest events!

Service charge is not included.

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Light Bites Served Until 5pm

Beer Battered Fish & Chips

With mushy peas & tartare sauce (GF available) | 8.95

Grilled Cheese Sourdough & Bourbon Melted Onions
(V) | 7.95

Sausage & Caramelised Onion Sandwich

White or brown bread (Vegan on request) | 7.95

Posh Fish Finger Sandwich

Lettuce, tartar sauce, hash browns & mushy peas | 8.95

Breakfast Sandwich

Sausage, bacon, egg & hash brown | 9.95

CBM Sandwich

Chicken, bacon & mayonnaise | 7.95

Children

Beef Burger

With lettuce & tomato in a bun & fries | 7.50

Chicken Poppers

Chips & peas | 7.50

Fish & Chips

With peas | 7.50

Sausage & Mash

(V available) | 7.50

Beyond Meat Tempura Nuggets

Chips & peas

(Vegan) | 7.50

Load it up

Philly Cheese Steak Loaded Fries

With cheese sauce, peppers & onions | 7.95

Loaded Tater Hash Browns

With mozzarella, bacon, spring onion & BBQ sauce | 7.95

Loaded Cajun Fries

With chicken, mozzarella, spring onions, chili & buffalo drizzle | 7.95

Chunky Poutine

Chunky chips, mozzarella & signature gravy (V) | 7.95

Desserts

Sticky Toffee Pudding

With custard (V)(GF) | 7.95

Dessert of the Day

Please ask for today's special | 7.95

Creme Brulee Tart

(V) | 7.95

Old School Sponge

Iced vanilla sponge with sprinkles & custard (V) | 6.95

S'more Kebab Sharer

Toasted marshmallows & strawberries with chocolate dip & biscuit (V) | 10.00

Apple Pie

With Custard or ice cream (V)(Vegan available) | 7.95

Ice Cream Sandwich

Ice cream flavour of choice sandwiched between two freshly baked cookies (V) | Small 3.95 | Large 5.95

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@the_owl_pub_loughton



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theowlpubloughton.co.uk