



THE SHEPHERD AND DOG ONEHOUSE



GLUTEN FREE

MENU

STARTERS

Soup of the Day (v) £6.50

Served with gluten free bread & butter
Ask for today's choice

Prawn Cocktail £7.50

With lettuce, house cocktail sauce, with gluten free bread & butter

Garlic & Stilton Mushrooms £6.50

In a creamy garlic & stilton sauced served with gluten free bread

Nachos with Cheese (v) £6.50

Tortilla chips topped with cheese, tangy salsa & fiery jalapeños

Olives £3.95

MAINS

Rib-Eye Steak £19.95

Succulent steak served with new potatoes or jacket potato, mushrooms, tomato & peas

Pork Steaks £13.95

Served with bubble & squeak mash, seasonal vegetables & gravy

Lambs Liver & Bacon Casserole £13.50

Served with mashed potato & seasonal vegetables

Honey & Mustard Roasted Ham £13.50

Served with double egg & new potatoes or jacket potato

Chicken & Mushroom Stroganoff £13.50

Chicken breast and mushrooms in a rich creamy sauce served with rice

Hunters Chicken £13.95

A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes or jacket potato & a mixed salad

Bacon & Cheese Burger £14.95

In a gluten free bun, served with new potatoes or jacket potato & a mixed salad

SALADS

Prawn £12.95

Ham or Cheese £11.50

Ham & Cheese £12.95

Warm Chicken Salad £13.95

Pan fried chicken and new potatoes tossed in our own garlic dressing over fresh salad
(Vegetarian option available)

Ham Ploughman's £12.50

Cheese Ploughman's £12.50

Ham & Cheese Ploughman's £13.95

JACKET POTATO

Served with a mixed salad garnish

Choice of fillings

Cheese or Baked Beans £9.95

Prawn or Tuna £11.95

Cheese & Beans £10.45

BAGUETTES

Accompanied with a mixed salad garnish, crisps & coleslaw

Choice of fillings

Prawn or Chicken, Bacon & Mayo £8.95

Tuna or Brie & Bacon £8.95

Ham or Cheese £8.50

SWEET TREATS

Eton Mess (v) £6.95

Whipped cream, meringue, strawberries & berry coulis

Chocolate Brownie (v) £6.95

Served with custard, cream or ice cream

Ice Cream (3 Scoops) £4.95

Strawberry, Chocolate and Vanilla

We use the best ingredients available to ensure quality. All our eggs are free range and our beef steaks are 35-day matured for maximum flavour
(v) These dishes on our menu are suitable for vegetarians.

Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment.
All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present, therefore we cannot guarantee that any food item is completely free from allergens due to the risk of cross contamination.

Lower Road, Onehouse, Stowmarket, Suffolk IP14 3BX Tel: 01449 614675

Please ask a member of the team if you require full allergen information on the ingredients in the food we serve