

FOOD

MENU



**THE
FOUNTAIN
INN**

16TH CENTURY PUB

The Fountain Inn & Riverside Restaurant

Fore St, Okehampton EX20 1AP



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Appetisers

BREAD & OLIVES (GFA) £7.50
A selection of warm locally sourced bread buns, marinated and pitted olives, balsamic dipping oil and salted butter

BRIXHAM HANDPICKED CRAB ON TOAST (GFA) £8.95
White and brown crab meat, on toasted sourdough. Served on a bed of wild rocket, pickled fennel and dill mayonnaise

FISHERMAN'S BASKET £10.95
A selection of fried seafood including, beer-battered cod bites, salt and pepper squid rings, whitebait, panko king prawns, breaded calamari rings. Dips of dill mayonnaise, paprika mayonnaise and house tartar sauce

TRADITIONAL PRAWN COCKTAIL (GFA) £8.50
Luxury cold water prawns in a Marie Rose sauce

PAN FRIED GARLIC MUSHROOMS (V)(GFA) £7.95
Creamy garlic mushrooms on toasted granary bread topped with rocket

PATE ON TOAST (GFA) £7.50
A rich and creamy pate, served with toasted sourdough, salted butter, confit onion chutney and wild rocket

CHEF'S LEMON & PAPRIKA HUMMUS (VE)(GFA) £6.95
Lemon and smoked paprika hummus topped with pomegranate seeds and molasses. Served with toasted flat bread

Lighter Bites

FRESHLY FILLED SANDWICHES (GFA)
Choose between white or brown bloomer or ciabatta. Served with hand cut ready salted crisps and mixed leaf crispy salad (GFA).

CHEESE & ONION (V)(GF) £8.95

BRIXHAM CRAB (GF) £13.95

HOME COOKED HAM (GF) £9.95

PRAWN WITH MARIE ROSE £11.95

HUMMUS & MEDITERRANEAN VEG (V) £9.95

STEAK & ONION £13.95

TUNA & CHEESE £9.95

JACKET POTATOES (GF)
Large baked jacket potato seasoned and buttered with your choice of filling. Served with fresh homemade coleslaw, salted butter, mixed crispy leaf salad

CHEESE & BEANS £9.90

TUNA MAYO £10.90

BRIXHAM CRAB £12.90

PRAWN MARIE ROSE £11.90

Main Course

FISH & CHIPS (GFA) £16.00
Large fillet of beer-battered cod served with thick-cut chips, tartar sauce, lemon and a choice of crushed mint peas or garden peas

WHOLETAIL SCAMPI £14.95
Breaded wholetail scampi, served with thick-cut chips, house tartare sauce, lemon and a choice of crushed mint peas or garden peas

STEAK & ALE PIE £16.50
Filled with melt-in-the-mouth locally sourced beef, marinated in strong award-winning Otter Ale, roasted carrot and caramelised red onion, wrapped up in a thin buttery pastry. Served with seasonal vegetables and creamy mashed potatoes and gravy

TRIO OF WEST COUNTRY SAUSAGES £16.95
Three butchers' sausages - Leek x 1, Sweet Chilli x 1, Garlic and Herb x 1 served on a bed of wholegrain mustard mashed potatoes with rich onion gravy

PAN FRIED CHICKEN BREAST (GF) £16.95
Succulent chicken breast topped with creamy garlic mushrooms green beans, with a choice of chips or wholegrain mustard mashed potatoes

MARKET BASS (GF) £19.95
Freshly caught Brixham bass, light and delicate fillet of bass, served on a bed of creamy mash, spicy roasted tomato and lemon split sauce. Garnished with roasted cherry tomatoes

CHICKEN TIKKA MASALA (GFA) £16.00
Tender chicken in a mild creamy tikka sauce, served with wild rice, poppadom, naan bread and mango chutney.
**** Add onion bhaji and vegetable samosa £3.25**

CHEF'S VEGAN SWEET POTATO CURRY (GFA)(VE) £15.50
A sweet and spicy coconut sauce filled with sweet potato and chickpeas served with wild rice, naan bread and mango chutney

HUNTERS CHICKEN (GFA) £16.50
Tender chicken breast wrapped in streaky bacon, topped with sticky BBQ sauce and heaps of cheese. Served with garden peas, grilled tomato and mushroom, homemade onion rings and thick-cut chips

THE ULTIMATE CHICKEN & RIB ROUNDUP £25.95
A hearty feast for true grill lovers our succulent hunters chicken and half rack of BBQ glazed ribs, Served with thick-cut chips, onion rings, peas and slaw

WILD MUSHROOM & PINENUT RISOTTO (VE)(GF) £14.95
A smooth roasted garlic risotto, packed with wild mushrooms, toasted pine nuts

WEST-COUNTRY LAMB SHANK (GF) £21.95
Slow cooked in a red wine and rosemary jus. Served with fondant potatoes, roasted chantenay carrots and mint gravy

FULL RACK OF BABY BACK RIBS (GF) £18.95
Pork ribs with fall off the bone meat slathered in a sticky homemade barbecue sauce. Served with coleslaw, garden peas, homemade onion rings and thick-cut chips

HOMEMADE BEEF LASAGNE £15.50
Tender minced beef in a ragu sauce, layered with pasta sheets and topped with a creamy bechamel sauce served with thick-cut chips and crispy salad

BEEF BURGER (GFA) £16.50
6oz Beef burger grilled medium rare. Served in a brioche bun with lettuce, tomato, red onion, gherkin and burger sauce. Topped with 2 onion rings and sides of thick-cut chips and slaw.
**** Add cheese and bacon £3.50**

GRILLED CHICKEN BURGER (GFA) £15.50
Served in a brioche bun with lettuce, tomato, red onion and BBQ sauce. Topped with 2 onion rings and sides of thick-cut chips and slaw.
**** Add cheese and bacon £3.50**

BUTTER BEAN & SWEET POTATO BURGER (VE)(GFA) £14.00
Served in a brioche bun with lettuce, tomato, red onion, vegan paprika mayonnaise, side salad and thick-cut chips

Steak

MIXED GRILL £24.95
Chargrilled chicken, 4oz rump steak, half a gammon steak, a pork sausage, a fried free-range egg, black pudding, chips, garden peas, tomato, flat mushroom and onion rings

ULTIMATE MIXED GRILL £34.95
All the goodies from the Mixed Grill, plus an extra 4oz of rump steak, half rack of BBQ-glazed ribs, and a extra pork sausage, fried free-range egg and black pudding

HORSESHOE GAMMON STEAK (GF) £18.50
8OZ gammon steak served with egg and pineapple, grilled tomato and mushroom, garden peas and thick-cut chips

8OZ SIRLOIN STEAK (GFA) £24.00
Grilled to your liking, served with grilled mushroom and tomato, garden peas, onion rings and thick-cut chips

8OZ RUMP STEAK (GFA) £24.00
Grilled to your liking, served with grilled mushroom and tomato, garden peas, onion rings and thick-cut chips

Extras

SURF & TURF SEAFOOD SELECTION £6.50

PEPPERCORN SAUCE £3.20

BLUE CHEESE SAUCE £4.00

WILD MUSHROOM SAUCE £3.50

BEEF DRIPPING £3.50

THICK-CUT CHIPS (GF)(V) £4.00
Add cheese £1.50

BEER-BATTERED ONION RINGS (V) £4.00

GARLIC CIABATTA (V) £4.50
Add cheese £1.50

SIDE SALAD (V)(GF) £4.50

SLAW £3.50

Children's Menu

3OZ BEEF BURGER £7.50
Chips and peas

COD GOUJONS (GFA) £6.95
Chips and peas

BATTERED CHICKEN BITES £6.95
Chips and beans

SAUSAGE (GF) £7.50
Mash and peas

MACARONI CHEESE & GARLIC CIABATTA (V) £7.50

Desserts

add either
Ice cream, custard or cream

RASPBERRY TRUFFLE TORTE (GF) £7.95
Raspberries folded into our rich truffle torte. Decorated with chocolate and raspberry coulis.

LUXURY STRAWBERRY CHEESECAKE £7.95
A creamy cheesecake mixture topped with fresh strawberry toppings.

LEMON MERINGUE PIE £7.95
A wonderful lemon tart yellow filling topped with lashings of meringue.

STICKY TOFFEE PUDDING £7.95
Our own rich, moist toffee cake with dates, topped with a generous portion of homemade toffee sauce.

APPLE PIE (V) £7.95
Bramley apples and a little mixed spice make a perfect filling for this pie.

CARAMEL FUDGE CAKE £7.95
Toffee cake enrobed with a chocolate caramel ganache and decorated with fudge pieces and white chocolate.

**Dont Miss
Our Carvery**
Every Sunday From Midday Until 4pm

**COCKTAIL MENU
AVAILABLE**

PLEASE ASK STAFF